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new wing vice commander

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Laying the smackdown



Above, Staff Sgt. Christopher Grindland, left, and Airman 1st Class Bryan Dell, both from the 374th Security Forces Squadron, searches an enemy prisoner of war during the Air Base Defense portion of the wing's Operational Readiness Inspection Jan. 8 to 10 at Kadena Air Base, Japan. Right, Airman 1st Class Brandon Powers mans an M-240 machine gun at a defensive fighting position during the inspection.



photos by Lt. Col. David Kendrick

Community celebrates its new chief master sergeants

By Senior Airman Katie Thomas Editor

Twelve of Yokota's own marked their selection for promotion to the Air Force's highest enlisted rank Saturday.

Family members, co-workers and senior leadership attended the annual ceremony whic featured time-honored military traditions.

The senior master sergeants chosen for promotion to chief master sergeant are:

William Anderson, U.S. Forces-Japan and 5th Air Force; Michael Atkinson, 374th Airlift Wing Inspector General office; Makhram Budhoo, 605th Air Support Squadron at 5th Air Force; Donald **Bumpers**, 374th Operations Support Squadron; David Corrigan, 730th Air Mobility Squadron; Steve Dilda, Defense Finance and Accounting Services-Japan; Charles Jones, 374th Logistics Readiness Squadron; Sadie Knight, 374th Medical Support Squadron; James Medeiros, 374th Civil Engineer Squadronl James McNeer, 374th Communications Squadron; Phillip Rhoda, U.S. Forces-Japan; and Forrist Richardson, 374th Logistics Readiness Squadron.

Also among the ranks of the chiefselects was a Japanese Air Self-Defense Forces Airman who, after recently attending and graduating from the Air Force's senior noncommissioned officer academy at Gunter Air Force Base, Ala., was promoted to chief master sergeant. Chief Master Sgt. Yoichi Akimoto is the first JASDF enlisted Airman to attend and graduate from the academy.

"It was a very good experience for me," said Chief Akimoto. "I was very interested to hear the information about the U.S. Air Force's enlisted structure."

Guest speaker Chief Master Sgt. James Roy, U.S. Forces-Japan and 5th Air Force command chief master sergeant, congratulated the promotees on their accomplishments and careers so far.

"But don't think that you've arrived just yet," he said. "You will find out, just like I have, that your career is just beginning with this promotion. You will learn more as a chief than at any other rank because of the responsibility you have, now that you are the best of the best."

The chief shared his interpretation of RHIP, also known as "rank has its privileges."

"To me, RHIP means responsibility, history, information, and professionalism," he said. "You are getting more responsibility than ever before; you've got to remember where you came from; you've got to know what information to keep in and to put out; and you have to be passionate about the core values."

According to the Air Force Personnel Center, 2,580 senior master sergeants across the service tested in 2005, and 589 were selected for a promotion rate of approximately 23 percent. By law, only one percent of the Air Force's total enlisted force may hold the rank of chief master sergeant.

730th AMS 'dawgs' welcome new squadron commander

Yokota's Air Mobility Command Airmen host change-of-command ceremony

By Senior Airman Katie Thomas Editor

The 730th Air Mobility Squadron welcomed a new commander Jan. 19.

Lt. Col. Stuart Haire accepted command of the squadron from Col. Keith Moncrief, who has moved on to a new assignment.

Colonel Haire, an O-6 selectee, is responsible for the squadron's Airman and families along with accomplishing the squadron's mission. The squadron is tasked with providing aircraft maintenance, aerial port services, and command and control support. All Department of Defense aircraft that transit here executing contingency, humanitar-

ian relief or joint exercise missions rely on the squadron's abilities.

Colonel Haire said his goals for the squadron are simple.

"We are going to be the best squadron in the Air Force, and our game plan revolves around people, pride and processes that are based on safety and teamwork," he said. "The Top 3 organization in the 730th AMS will enable our success through leadership, example-setting and accountability. We are in the profession of arms, and we are the best in the world because we have a professional noncommissioned officer corps."

He said his time spent as an executive officer at the Pentagon gave him insight into

setting this goal. "I had the privilege of meeting senior general officers from many different countries," he explained. "The main question they asked was how we are able to develop such an impressive enlisted corps. The anwer lies in having high standards; empowerment to complete the mission safely and effectively; and job-related training coupled with professional military education commensurate with advancement."

Colonel Haire is a master navigator with more than 2,900 hours logged in C-130 Hercules and T-43 aircraft. He entered the service after earning a Bachelor's degree in social science secondary education from Louisiana State University in 1981. His career has taken him to Little Rock Air Force Base, Ala.; Ramstein AFB, Germany; and Incirlik Air Base, Turkey; and others.

Prior to Yokota, he spent three years at the Pentagon in positions including chief of the Air Force concepts and wargaming branch, and deputy division chief of concept development and strategy division.

"It is absolutely wonderful to be here," said Colonel Haire. "Everyone here, Airmen and Japanese Nationals, is very friendly and helpful. We are so excited about this opportunity.

"The men and women of the 730th AMS embody integrity, which helps make us the best in the Air Force," he said. "My family and I are incredibly blessed to be a part of this team."

Annually, the 730th AMS processes 88,000 passengers and 4,200 missions to 15 different locations around the world including the U.S. and the Indian Ocean. Operating from a recently-renovated air terminal, the squadron maintains one of the highest departure reliability rates in the Air Mobility Command.

4.5

Nov. 3 – Mason Alexander Pouncey, eightpound, four-ounce son of Heather and Christopher Pouncey.

Nov. 17 – Trinity Sue Fryer, eight-pound, 12-ounce daughter of Candida and Cory Fryer.

Nov. 27 – Jace Edward Celestine Haynes, seven-pound, 12-ounce son of Jennifer and Philip Haynes.

Dec. 2 – Cole Edward Thurston, seven-pound, nine-ounce son of Hurley and Tim Thurston.

Dec. 5 – Ty Kotaro Hervey, son of Yoshimi and Cory Hervey.

Dec. 5 – Julio Noel Torres, eight-pound, 10-ounce son of Robin Noelle Gibson and Julio Enrique Torres Arce.

Dec. 7 – Marlana Perrie Vollmer, seven-pound daughter of Alana and Mark Vollmer.

Dec. 14 – Isabella Clara Bailey Guest, seven-pound, two-ounce daughter of Anne and Christopher Guest.

Dec. 24 – Alessandra Jacqueline Lucero, six-pound, nine-ounce daughter of Anna Marie and Oliver Lucero.

Dec. 24 – Peyton William Smith, eight-pound, eight-ounce son of Sherry and Rodney Smith.

Dec. 31 – Aaron Joseph Prendes, seven-pound, 15-ounce son of Brandy and Michael Prendes.

Wing Airman deployed with father in Iraq

By Staff Sgt. Tammie Moore 332nd Air Expeditionary Wing Public Affairs

BALAD AIR BASE, Iraq – After learning of an upcoming deployment, people generally try to seek out information about their destination from others who have been there before.

Joseph Wendl, a retired Air Force captain, was placed in a unique situation when he learned about his upcoming deployment to Balad.

As Mr. Wendl, 332nd Expeditionary Civil Engineering Squadron engineer, prepared for his deployment, he got information from his son.

Senior Airman Paul Wendl, 332nd Expeditionary Operations Support Squadron air traffic controller, arrived at Balad in September, so he had a few months of experience here to share with his father. This knowledge made Mr. Wendl, well prepared for his December arrival in the theater.

"Paul kept telling me how nice it was here," Mr. Wendl said. "He really helped prepare me for the deployment."

When they first found out they would be deployed to the same location, they were thrilled.

"I was very excited because I have not spent much time with

my dad in the last few years," Airman Wendl said.

Mr. Wendl decided he would let his arrival in Iraq be a holiday surprise for his son.

"I told him about when I was coming but I did not tell him exactly when I was arriving," Mr. Wendl said. "When I got here on Christmas Eve, I found his room and woke him up."

The two make it a point to get together at least three times a week to spend time together.

Mr. Wendl said, "This is the most I have seen my son since



photo by Staff Sgt. Tammie Moore

Joseph Wendl and Senior Airman Paul Wendl play foosball. Airman Wendl is deployed from the 374th Operations Support Squadron.

> he joined the military three years ago. I am thankful, very thankful, for whatever time we have together because I have the best son possible."

Thunderbirds seeking volunteers to join team

By Staff Sgt. Josh Clendenen

Thunderbirds Public Affairs

The United States Air Force Air Demonstration Squadron is looking for professionals to join an elite team known world-wide for precision flying and community involvement.

Volunteers are needed in eight career fields. "The Thunderbirds have more than 34 career fields represented in the squadron," said Chief Master Sgt. Ted Field, chief enlisted manager of the Thunderbirds. "We have a job for just about everyone out there."

The Air Force Specialty Codes needed are 2A3X2 Avionics, 2A3X3B Crew Chief, 2A6X3 Egress, 2A6X4 Fuels, 2A6X6 Electro/Environmental, 2A7X3 Structures, 3N0X1 Public Affairs, 3V0X1 Graphic Artist and 8F000 First Sergeant.

For information on the application process, visit www.airforce.com/thunderbirds.

"Even if (a) career field is not listed, we are accepting applications," Chief Field said. "Anyone can submit an application for a job in one of the (34) career fields we have. We'll keep the application on file for six months."

One of the common misconceptions about the Thunderbirds is the team is gone all the time. "We do travel across the United States and in some cases across the world," Chief Field said. "But we're not gone all the time. We have a good amount of time at home, but we do travel."

During the season, a typical week begins on Thursday when the team travels to its show site. Pilots fly their aircraft and support personnel typically travel in a C-17. As soon as the jets touch down, technicians recover their aircraft and perform post-flight tasks. The advance pilot, having arrived the day before, briefs the team on subjects including weather.

Friday is usually a practice day, giving the Thunderbird pilots an opportunity to become familiar with the terrain. Crew chiefs and their assistants attend to pre-flight tasks.

After the practice flight, the team meets with members of the community whose special needs might prevent them from attending a crowded show. On Saturday and Sunday, the team flies its full show and meets with the crowd to sign autographs. On Monday, the team heads back to Nellis AFB, Nev., then goes back to work Tuesday.

"It seems really busy, and to some extent it is, but the people you get to meet with on the road make it all worthwhile," Chief Field said. "The bottom line is an assignment to the Thunderbirds is the chance of a lifetime."

NEWS AROUND THE AIR FORCE & PACAF

For these stories and more, visit Air Force Link at www.af.mil

Leasing option increases Air Force land value: WASHINGTON (AFPN) – Underutilized Air Force land does not need to sit idle any longer.

The Air Force Real Property Agency converts underutilized land and infrastructure into real value for the Air Force, installations and communities through the enhanced use leasing option, officials said. Security forces transformation to affect total force: WASHINGTON (AFPN) – As the Air Force continues to adapt for the future, changes to the security forces career field will affect the total force.

Essentially, security forces will focus on preparing for their warfighting mission at forward locations, as well as security at a fixed installation, said Brig. Gen. Robert Holmes, director of security forces and force protection.

Nihon-go now

⇒ Good morning!

Ohayo gozaimasu.

(oo-hah-YO go-ZAH-eh-mah-soo.)

⇒ Good night! (note: said before going to bed)

Oyasumi nasai.

(oh-YAH-soo-mee nah-SAH-ee.)



PACAF Band performs free concert local Japanese symphony Feb. 5

By Senior Airman Katie ThomasEditor

Friendship is taking center stage during a free concert hosted by a Japanese town and the U.S. Air Force Band of the Pacific-Asia Feb. 5.

The concert features a variety of musical selections including a march titled "Tomodachi" or "Friendship," commissioned from Master Sgt. Eric Horne, a member of the PACAF Band.

The PACAF Band's Pacific Brass, a six-person team including trumpets, trombones, tuba and drums, will perform with the Mizuho youth symphonic band and the group Harmony in Mizuho beginning at 2 p.m. Doors open at 1 p.m.

The Pacific Brass ensemble is designed to help the PACAF Band meets its mission, which is to enhance troop morale and international relations throughout the region.

Pacific Brass performs a variety of ceremonial music, Sousa marches, light classics, Dixieland, and Broadway favorites for its audiences.

This is the third concert that the Pacific Brass has played with Mizuho Town musical groups. In November 2004 more than 1,000 Japanese and American citizens

filled the Mizuho Viewpark Skyhall.

To drive to the Skyhall, turn right out of the Fussa or Terminal Gate on Route 16. Continue straight until Ome Kaido, which features a McDonalds' and Japanese truck stop at its intersection, and turn right onto that road. Turn left at the next stop light, which is marked by a popular Japanese restaurant with a peach logo. The Skyhall is located straight ahead past Mizuho Town's town hall.

The concert is open to the public.

For more information about the PACAF Band and its ensembles, visit http://www.yokota.af.mil.

New Friday-night gig on the block



photo by Senior Airman Katie Thoma

Yokota Singles meets every Friday night for free food and coffee in the building behind the main chapel from 7 p.m. to 1 a.m. Single community members are invited to join the group on Fridays, and also Tuesday evenings for a free dinner and discussion beginning at 5:30 p.m. Call 225-7009.

Air Force Personnel Center announces late 2005 selections for captain

RANDOLPH AIR FORCE BASE, Texas – The Air Force recently selected 1,027 line of the Air Force, chaplain, judge advocate, nurse corps, medical science corps and biomedical science corps first lieutenants for promotion to captain.

The list of promotion selects is posted on the Air Force Personnel Center's officer promotions homepage at http://www.afpc.randolph.af.mil/offprom.

The calendar year 05C Captain Selection Process considered 1,045 for promo-

tion. The results of the selection process are as follows:

Selection statistics for in-the-promotion zone were:

Line - 935 selected from 946 considered for 98.8 percent select rate

Chap - 2 selected from 2 considered for 100 percent select rate

JA - 12 selected from 12 considered for 100 percent select rate

NC - 46 selected from 48 considered for 95.8 percent select rate

MSC - 11 selected from 11 considered for 100 percent select rate

BSC - 21 selected from 21 considered for 100 percent select rate.

The following first lieutenants from Yokota have been selected for promotion:

Yokota have been selected for promotion: **Douglas Barnes**, 374th Logistics Readiness Squadron.

India Donald, 374th Maintenance

Jonathan Merrill, 374th Mission Support Group.

Nathan Perry, 36th Airlift Squadron. **Raymundo Sales**, 373rd Intelligence Group.

Christopher Torres, 374th Mission Support Group.

Christopher Weeks, 374th Medical Support Squadron.

Jekemainj Wykle, 605th Air Communications Flight.

(Courtesy of the Air Force PErsonnel Center. Information added by 374th Airlift Wing.)



Inside the triangle PACAF's second in command explains the region's potential

By Maj. Gen. Chip Utterback

Pacific Air Forces vice commander

HICKAM AIR FORCE BASE, Hawaii - Our Pacific Air Forces' area of responsibility extends across 16 times zones, from Alaska in the north to Antarctica in the south. It covers half the world's surface. The region includes 60 percent of the world's population speaking more than 1,000 languages and dialects in 43 different countries.

Pacific Air Forces bases in Alaska, Hawaii, and Guam are on U.S. soil. If you consider each of those locations a specific point and connect the dots, you can visualize a "strategic triangle." This triangle forms a wedge into the Pacific from which we can project airpower to demonstrate our commitment to our friends and allies, deter aggression, and, if necessary, defeat any adversary.

Guam is the point of the triangle deepest into the Pacific region. Andersen Air Force Base is the most forward operating base on U.S. soil in our theater – the tip of that strategic wedge. Andersen has the ramp space to handle big aircraft in quantity, seen during Vietnam, when more than 150 B-52s were parked at the base during the Linebacker bombing campaign. Andersen also hosts the largest fuel storage, and one of the

largest munitions storage facilities in the Air Force. And the base has plenty of expansion capability.

We're planning to establish a permanent tanker presence in Guam. We're also proposing to establish intelligence, surveillance, reconnaissance and Global Strike capability there. This will provide our combatant commander with a forward-based, flexible air and space force. We're also considering an expansion of Andersen's Aerospace Expeditionary Force concept to include a balanced mix of air assets, including more fighters and bombers. We're in the process of building permanent facilities to base at least three Global Hawks and their launch and recovery element. This unmanned air system is a non-shooting, peaceful platform that can acquire visual data for many purposes, everything from looking for pirate vessels in dangerous waters to assessing natural disaster damage.

Hickam Air Force Base. Hawaii, is another point of the "strategic triangle." For starters, Hickam will be receiving eight C-17s – the first of which arrives Feb. 8. Our C-17s will be colocated with the Army's new Stryker brigade in the 25th Infantry Division at Schofield Barracks. This will allow the units to train together on a regular basis

and provide Pacific Command with organic long-haul airlift to establish "boots on the ground" presence anywhere in the theater within 24 hours.

The arrival of the C-17 here will mark not only the first beddown of the C-17 outside the continental United States, but it will also initiate the first integrated active-duty and Air National Guard airlift unit. Aircrew and maintenance technicians from the Guard will be an associate unit assigned to the active-duty wing. That's Total Force integration, with the Guard and full-time Air Force working hand-in-hand.

Hickam is also the home of PACAF's first warfighting headquarters unit, the George C. Kenney Headquarters. This is a new concept, designed to be a "24/7/365" command-and-control centerpiece, focused on planning and executing operations, as well as conducting engagement throughout the Pacific theater. With the Kenney headquarters, PACAF provides the commander of Pacific Command a three-star Airman to lead joint and coalition air operations, along with a headquarters package that can be specifically tailored for any contingency.

Through reachback, the warfighting headquarters will allow us to reduce the footprint in any given operations area. A

good example is the Global Hawk. The aircraft will be physically located in Guam, but the mission control element (which actually "flies" the vehicles and collects data for analysis) will be located here at the Kenney Headquarters. This saves us time and money and reduces the number of Airmen who must be forward-deployed.

Alaska is the third point of the triangle. In 1935, Brig. Gen. Billy Mitchell testified to Congress that "Alaska is the most strategic place in the world." A consummate visionary, General Mitchell knew that Alaska's location and the speed and maneuverability of airpower were a perfect match.

Much has changed since General Mitchell's time, but Alaska hasn't moved, and it remains a key strategic location. As such, Elmendorf Air Force Base outside Anchorage is slated to receive C-17s in 2007 and F-22s in 2009. These two airframes will give us the capability to establish air dominance anywhere in the theater at any time.

That's the Pacific Air Forces' "strategic triangle." But it's not simply a geometric configuration of systems and organizations. And our Airmen and their ability to adapt to an ever-changing landscape are at the heart of transformation.

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Deadlines

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Chief's Corner

Seasoned deployer shares tips, tricks-of-the-trade with fellow deployers

By Chief Master Sgt. Craig Walker

374th Logistics Readiness Squadron

All deployments mean new challenges for both the seasoned or first-time deployer so it's never prudent to think that you can't learn

As a person whom has never been deployed to the same country twice, I am well aware of this, and as a result my learning curve begins again each time I receive my tasking.

Of course, you could look at this as "never a dull moment," but in all seriousness I have learned that it is essential to be prepared for anything.

Whether you are going to Iraq, Afghanistan, Kuwait, Kyrgyzstan, Qatar or Turkey, it is imperative to properly complete your out-processing since it provides you with a solid foundation for a successful deployment. Also, contact the member you're replacing to establish a sponsor to capitalize on their suggestions, which could be anything from bringing Air Force physical training gear, ammo pouches, flashlights and pad locks to baby wipes.

In my experience, since you can always be

diverted to another location, it is important to bring a supply of personal items that will last the length of your deployment – especially, if you prefer certain brands. Many years ago a co-worker in mobile radar unit gave me an invaluable tip: "Always pack your gear in waterproof bags." This will prevent items from leaking in flight, or getting wet if they end up sitting on a moist tarmac or in an outside baggage area.

Speaking of water, even if you are deploying to the "sandbox," I would suggest you bring rubber boots and rain gear because, if it rains, sand turns to a slushy, soggy mess for quite some time. If you are going to Kyrgyzstan between October to March, remember to bring extreme cold weather desert

With all the out-processing and other responsibilities on your mind, don't forget the important people in your life - your family and friends. Have you considered the folks you will leave behind? Maybe you gave them the power of attorney required to sell your car and instructions on how to pay your bills on-time (including your government travel card), but have you actually sat down and talked about

your deployment with them? Have you explained to your children why you are going, why you'll miss birthdays and holidays, or why you'll be unable to attend special functions with them? Have you given your family back in the States details of how to contact you?

For a less-stressful deployment, it is very important that family be kept in the loop. It is part of your out-processing and it is essential family members know who to turn to if the need arises. A support network is critical for many families, both in time of need or simply to get through the time you are deployed.

Finally, identify to your supervisor the non-critical tasks you perform at home-station that may be postponed until your return. This will help your unit members to up-channel these low priority items to leadership for possible reduction of service to prevent coworkers from being overwhelmed at home station by Air Expeditionary Force taskings.

A little preparation can go a long way and should be looked upon as essential for a smooth deployment.

See you in the sandbox and have a safe deployment!

DUI Prevention

0

Jan. 11 – Jan. 17 Total DUIs in January Total in 2006

Punishment

.049 or less = car parkedfor 12 hours .05-.079 = 6 months walking .081 - .149 = 1 year walking 0.15 or greater = 2 years walking

Don't drink and drive. Call 225-RIDE!

New vice commander shares his thoughts

By Capt. David Westover

374th Airlift Wing Public Affairs

Col. Paul Montgomery comes to Yokota Air Base after serving as the commander of the 317th Airlift Group at Dyess Air Force Base, Texas. He is a master navigator with more than 3,100 flying hours in C-130 and T-43 aircraft. His major awards and decorations include the Legion of Merit, the Meritorious Service Medal with 3 oak leaf clusters, the Air Medal and the Aerial Achievement Medal. He was previously assigned to Yokota Air Base from June 1982 to October 1985, as a C-130 navigator with the 345th Tactical Airlift Squadron.

Fuji Flyer: If you could be on the cover of any magazine, which would it be and why?

Colonel Montgomery: There are actually two. First one would be "American Woodworker Magazine" because I like building things in woodshop. It's creative and it's a mechanical discipline. You have to plan out well ahead. You have to visualize what you want to be the end product and then you have to execute. I guess that follows standard military fash-

ion. The other one would

be "Entrepreneur Maga-

zine." That's because

entrepreneurs are

and engaging. Also, they have to be original and they have to have an idea that other people are willing to catch on to in order to be successful. So to be on the cover of that one, it means you're a success.

fairly aggressive and have to be outgoing

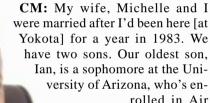
FF: What are your personal hobbies and interests?

CM: As I get older, I get more and more concerned about my own fitness. I like a variety of fitness activities. I like bicycling and I like to jog, although my joints don't take as well as they used to. And I also enjoy just going to the gym.

FF: What is your favorite childhood memory?

CM: That one is tough, because I had a real nice childhood. I was a little kid in South Dakota ... just enjoying the freedom to just wander around, which we did a lot of. Also, we'd spend time at a lake in Northern Minnesota every summer just fishing, swimming and running around in the woods. We would build bonfires in the evening. Those were some of my fondest memories.

FF: Tell us about your family.



Force ROTC there. We also have a 14vear old named Andrew who is in 8th grade and is thrilled to be here. In fact, my oldest son said, "Dad, why couldn't you have done this 4 years earlier?" While my youngest son says, "Why couldn't we wait 6 months, so I could do all of my high school here?"

FF: Do you come from a military background?

CM: I had two uncles that were in the Marines and my father was in the Army from 1952-1955 in France, but now he's an architect. So that was about the extent of the military experience in my family. I am number four of five children. It was when I was about 14 when I originally wanted to go to a military school, so I focused my entire high school years at trying to get into one of the service academies. I thought I wanted to go to Annapolis and be in the Navy, but I ended up at the Air Force Academy - which is just fine with

FF: Why did you originally join the Air Force? And why did you stay in?

CM: I originally joined the Air Force because my appointment was to the Air Force Academy. My first squadron commander here was a guy named Stump Sowada. I can still remember the day I walked into the squadron and he said, "this is what you've been trained for, and this is what your career is." Although

there have been times when I've thought about leaving the service, there has always been at least one enticement, one challenge or one more thing that I wanted to experience. I've found the Air Force very rewarding, all along the way.

FF: You were stationed here before as a captain. How does it feel to return as the wing's vice commander?

CM: It's like coming full circle. There have been some pretty significant, both strategic changes in the Far East, but also changes to the facilities, but the layout is still familiar. And the enjoyment of being in Japan comes flooding back it's just a wonderful place to be and I'm really thrilled about it. Plus I'm glad to be working for Col. Scott Goodwin. I have a lot of respect for him. We were both group commanders at the same time, although I was more junior in my experience. So it is great to come here to work as his vice commander.

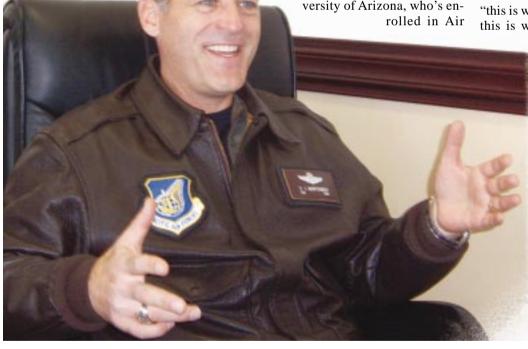
FF: What do you hope to accomplish during your tour?

CM: There is one constant in the Air Force and that has been change all the way along. I hope to make sure that everyone in this organization understands that change is not a bad thing, and it's not hard to accomplish. You've just got to take that first step, and then it can be a wonderful path. Sometimes you get frustrated but most of the time, it provides you an opportunity to be creative and to feel a real sense of fulfillment in what you've accomplished over a period when you had some significant changes. So I hope to ensure people understand that change is not a bad thing, and that it's a necessary thing, a growing thing.

FF: Do you have any messages for the Samurai wing or the Yokota community?

CM: As the Air Force keeps shrinking, and things continue to change, everyone is so vitally important to what we do, and I mean everyone. There are lots of young people who come into the Air Force that have so much energy and so much ability, and they just need a little nudge in the right direction. I hope that I can provide that guidance, that direction to get them to fully realize their potential and their ability to grow and learn.

The longer you've been in the Air Force and the more senior you get, you see what it's all about. It's how you influence people and how you support people to do what they do everyday. It's not the other way around. Everybody thinks that you're going to achieve some fixed point. But that's not the case. We're always moving forward. Everyone always wants to achieve a particular goal or rank, but they forget that there is always another point even beyond that.





Off base

Yokota and Mizuho Town Friendship Concert: This annual concert is scheduled for Feb. 5 at the Mizuho Viewpark Skyhall beginning at 2 p.m. Admission is free.

Noh performance: The Akishima Civic Hall is hosting a Noh performance, a traditional Japanese play with beautifully-decorated masks, on Feb. 11 beginning at 6 p.m. The cost is 3,000 yen for adults. Call 012-061-3737.

Metropolitan Civic Art Festival: Japan's National Noh Theatre is hosting this annual festival Feb. 19 beginning at 3:30 p.m. Performances include traditional Noh and Kyo-gen plays. The theater is located on the JR Yamanote Line's Sendagaya Station. Tickets must be purchased in advance. Call 035-925-3871.

On base

Movies

Today – Glory Road, PG, 7 p.m.; Harry Potter and the Goblet of Fire, PG-13, 9:30 p.m.

Saturday – *Glory Road*, PG, 7 p.m.; *Walk the Line*, PG-13, 7 p.m.; *Derailed*, R, 9:30 p.m. (adults-only)

Sunday – Glory Road, PG, 2 p.m.; Harry Potter and the Goblet of Fire, PG-13, 7 p.m.

Monday – *Glory Road*, PG, 7 p.m.

Tuesday – Harry Potter and the Goblet of Fire, PG-13, 7 p.m. Wednesday – Glory Road,

PG, 7 p.m.

Thursday – Derailed, R, 7 p.m.

All movies and showtimes are subject to change without notice. Call 225-8708.

Hours change

The pass and registration office has changed its hours to 7:30 a.m. to 3 p.m. Monday through Friday.

Air Force JROTC

The Air Force junior ROTC is opening 75 new units for the 2006-2007 school year. Positions are open for retired or soon to be retired officers and noncommis-

sioned officers in high schools across the United States. Call 1-866-235-7682 or visit http://www.afoats.af.mil/AFJROTC.

Playgroup openings

The Educational and Developmental Intervention Services Program is offering a limited number of slots for ages 13 to 30 months to participate in structured, parent-lead playgroups. Call 225-9993.

Housing inspections

The military family housing office conducts housing inspections weekly. Residents are responsible for raking up leaves within their area of responsibility, along with maintaining Air Force housing standards. Call 225-9099.

Cheerleader visit

The Oakland Raider cheerleaders are visiting Feb. 8. The team will be at the Samurai Café at 11:30 a.m. They will also hold a free youth clinic at the Samurai Fitness Center at 4 p.m. Registration is not necessary for the clinic, and ages five to 18 may attend.

Yokota Singles

All singles are invited to a free dinner and discussion beginning at 5:30 p.m. every Tuesday in the building behind the Traditional Chapel. Singles are also invited to a free coffee and snack bar from 7 p.m. to 1 a.m. every Friday located in the same building. Call 225-7009.

Basketweaving

The arts and crafts center is holding basketweaving classes Feb. 7 and 21, and March 7 from 1 to 4 p.m. The cost is \$45 for three sessions and \$15 for materials. Call 225-9044.

Satellite equipment

The base housing office is offering free AFN Direct-to-home satellite equipment to active duty military and DoD civilians who live off-base. Call 225-6163.

Audition

The Yokota Players* is holding auditions for "The Odd Couple" Jan. 27 from 8 to 10 p.m., and Jan. 28 from 6:30 to 8:30 p.m. at the Family Support Center auditorium. Visit http://faculty.ad.umuc.edu/brosser/yokotaplayerswebsite.

"Band of Brothers"

Actors James Madio, Eion Bailey, and Peter Hills along with veterans from the "Band of Brothers" films are visiting the Samurai Cafe Feb. 12 at 11:30 a.m., and the Taiyo Recreation Center at 2 p.m. The events are open to the community.

Dinner theater

The Yokota High School Project Graduation* is sponsoring a dinner theater Thursday at the Officers' Club. Members of the YHS drama department will perform during the dinner. The cost is \$25 a ticket. Call 227-3478 or 227-9931.

Prayer luncheon

The 374th Airlift Wing chapel is hosting a national prayer luncheon Feb. 28 at 11:30 a.m. at the Enlisted Club. The cost is \$8 a person. Community members should contact their unit first sergeant or call 225-7009.

Black History Month

A heritage day in honor of Black History Month is being held at the Taiyo Recreation Center Feb. 4 from 9 a.m. to 3 p.m. The day features essayreadings, a college fair and children's activities. The event is free and open to the community.

Scholarships

The Yokota Officers' Spouses' Club is sponsoring scholarships for SOFA-status Yokota High School seniors and SOFA-status spouses who will be enrolling in college this spring. Visit http://www.yosc.org.

Applications for the Scholarships for Military Children are

Samurai Warriors





Capt. Ryan Trueman, 1st Lt. Javier Ortega, 1st Lt. Andrea Seefeldt, Staff Sgt. Neal Martyniak, Staff Sgt. Ryan Crumrine, and Senior Airman Peter Beasley

Capt. Ryan Trueman, 1st Lt. Ja

Capt. Ryan Trueman, 1st Lt. Javier Ortega, 1st Lt. Andrea Seefeldt, Staff Sgt. Neal Martyniak, Staff Sgt. Ryan Crumrine, and Senior Airman Peter Beasley, aircrew members with the 36th Airlift Squadron, are this week's Samurai Warriors of the Week for exhibiting the Bushido qualities of courage and a duty to defend the honor of one's name and guild.

The team was recently recognized as the 374th Airlift Wing's fourth quarter flying safety award winners. The team encountered numerous emergencies during a mission in October that eventually forced them to return to their home base. They demonstrated outstanding systems knowledge, leadership, and teamwork, earning them the recognition.

available at the base commissary. The deadline for submitting an application is Feb. 22. Visit http://www.militaryscholar.org or stop by the base commissary.

Arts and crafts trips

The arts and crafts center is taking a trip to the David Bull woodblock gallery for an exhibition and lecture Saturday from 8:30 a.m. to 6:30 p.m. The cost is \$20 for ages 13 and older, and \$15 for ages four to 12. Call 225-9044.

Claims notice

Senior Airman Daniel Edgington recently passed away. Anyone with a claim for or against his estate must e-mail abdol. hajiaghamohseni@yokota.af.mil or call 225-7672 by Jan. 31.

Eagle 810 off-air

Eagle 810 is not available Monday through Jan. 27, and Jan. 30 and 31 from 7:30 a.m. to 4:30 p.m. due to scheduled maintenance. The station can only be heard via the cable system or satellite decoder.

Chapel Schedule

Traditional (West) Chapel *Catholic:* Mass, Sundays at 9:15 a.m. and 5 p.m.

Protestant: Traditional service, Sundays at 11 a.m.; Liturgical service Sundays at 12:30 p.m.; Seventh Day Adventists, Saturdays at 9 a.m.

Contemporary (East) Chapel

Protestant: Gospel service, Sundays at 11 a.m.; Korean Service, Sundays at 2 p.m.; Contemporary service, Sundays at 5 p.m. Call 225-7009.

Publicity

Private organizations and base units can advertise events by e-mailing: afn.publicity@yokota.af.mil; fuji.flyer@yokota.af.mil; and yokota.bulletin@yokota.af.mil.

PO disclaimer

An asterisk (*) denotes a private organization. Private organizations are not a part of the Department of Defense or any of its components and have no governmental status.



"Quotes" & Things

"I thought I did until I looked at some old game films."

> Bum Phillips, asked if he played college football

Stingrays: The Stingrays swim team needs volunteers to assist with its home meet at the Natatorium Feb. 18. Call 227-6696.

Indoor cycling: The Samurai Fitness Center holds indoor cycling classes Mondays, Wednesdays, Fridays at 5 a.m.; and Tuesdays and Thursdays at 5:30 a.m. A class is also held on Saturdays at 8:30 a.m. Call 225-8889.

Web site: Get the latest sports schedules, standings and stats via http://www.allprosoftware.net/YAFB2005SOFTBALL/. Call 225-8889 for more information.

Fencing: The Yokota Fencing group hosts free fencing lessons at the Family Support Center Tuesdays and Thursdays from 5:30 to 7:30 p.m. Participants must be 12 years or older. Visit http://www.blacktigers.groo.us.

Martial arts: The following martial arts classes are being offered: combative and meditative Tai Chi Wednesdays from 6:30 to 8:30 p.m. at the Natatorium; Hatha Yoga Mondays and Wednesdays from 5 to 6 p.m. at the Natatorium; Aikido on Fridays from 6:30 to 8:30 p.m. at the main fitness center; and Tae Kwon Do at the Natatorium on Tuesdays and Thursdays from 7 to 8:30 p.m., and Saturdays from 1 to 2:30 p.m.

Fuji Flyer: Send sports briefs, statistics, story and photo submissions to *fuji.flyer@yokota.af.mil* or call 225-8833.



Rush hour

Community members pack into the cardio room at the Samurai Fitness **Center Monday at** 5 p.m. High usage times of the fitness center are early morning, lunch time, and 4 to 5 p.m. People are encouraged to use the fitness center during non-peak hours if possible to reduce wait-times.

photo by Senior Airman Katie Thomas

Wilford Hall becomes AF's cytology center New program increases testing productivity, accuracy

By Master Sgt. Kimberly Spencer 59th Medical Wing Public Affairs

LACKLAND AIR FORCE BASE, Texas (AFPN) – New technology has made it possible for the Air Force's seven cytology centers to be consolidated into one.

Since Wilford Hall Medical



photo by Master Sgt. Kimberly Spence

Cytology technician Roxanne Roscano leads slide racks into the new computer-enhanced digital imager. The technology will increase productivity by 65 to 75 percent. The Air Force's seven current cytology centers also recently combined into one center.

Center's cytology department is already the busiest center, performing 32 percent of all Air Force pap smears, it was recommended that the consolidation be handled by the 859th Diagnostic and Therapeutics Squadron here.

The consolidation, which will be completed by September, will also close the cytology technician Air Force specialty code, returning 39 non-warfighter positions to mobility positions.

"The introduction of liquidbased cytology technology and computer-assisted imaging technology will increase productivity by 65 to 75 percent, decrease the false-negative rate by 39 percent and reduce manpower requirements from 46 military and civilian cytotechnologists to 12," said Lt. Col. John Hickman, Clinical Lab Flight commander.

The liquid-based cytology better preserves the cells and helps to eliminate contaminates, while the PC-based imaging is fast, upgradeable, network capable and can image more than 300 slides per day. The computer also helps to alleviate the

fatigue factor that can affect cytotechnologists.

"This computer technology combines the power of computer-assisted primary screening with human expertise," said Rosalyn Miller, the anatomic pathology manager. "We will have 12 people doing three times the amount of work. The new program will allow us to go from analyzing 75,000 tests to 215,000 annually with an increase in productivity, diagnostic screening confidence and sensitivity in the detection of precancerous lesions."

"We are really excited about this new technology," said Cytotechnologist Arlene Murphy. "Quality patient care is our number one priority and this technology will help us to find pre-cancerous cells more easily, reducing the false-negative rate."

"The Air Force consolidation 1"so makes good business sense," Colonel Hickman said. "Combining the seven Air Force Cyto-centers into one will save the Air Force \$3.2 million annually."

(Courtesy of Air Force Print News)

Outdoor Rec offers trips to local resorts

The Outdoor Recreation Center is here to help community members make the most of their time in Japan with less money.

The center offers trips and equipment to SOFA-status ID cardholders, and opens seats to Japanese Nationals on a space-available basis.

The cost of one-day trips is \$26, and with rental equipment for \$36. Some trips offer ski and snowboard lessons.

Equipment rentals include both snowboard and ski items, along with gear such as boots, snow jackets and pants, and more.

The trips depart the Outdoor Rec Center building at 4 a.m. on their respective dates.

The following trips are being offered:

- ⇒ Wednesday to Kagura Mitsumata in Niigata Prefecture.
- ⇒ Feb. 3 to 5 to Nozawa Onsen in Nagano Prefecture.
- ⇒ Feb. 8 to Marunuma in Gunma Prefecture.
- ⇒ Feb. 11 to Hodaigi in Gunma Prefecture.
- ⇒ Feb. 15 to Kandatsu in Niigata Prefecture.
- \Rightarrow Feb. 18 to 20 at Shiga kogen.
 - ⇒ Feb. 22 at Akakura.
- \Rightarrow Feb. 25 at Myoko Sugirohara.

Cancellations must be made at least three days prior to a oneday trip, and multiple-day trips have unique cancellation dates.

For more information or to sign up for a trip, call the Outdoor Rec Center at 225-4552.

Start your Fridays right with a fresh serving of *Fuji Flyer*! Visit: www.yokota.af.mil

